



# OUTDOOR TRAVEL CHECKLIST

THE ROAD ABROAD

- October 2020
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When planning on going on an outdoor holiday, there are some things you need to keep in mind. You're probably not visiting a big city, where you can buy everything you'll need, so it's important to take the right gear to be prepared on every situation and on all weather forecasts.

Below we provide you with a checklist for the most important stuff in your bag, but there are also a few things to keep in mind before leaving.

- Remember your bills

Check before if you still have some bills which need to be paid during the time you are away. When going into nature, you won't always have the internet connection which is required to pay those bills, so it's better to anticipate and pay everything before you leave.

- Scout a good house sitter / house watcher

Ask some friends, neighbours or family member to take care of the house / apartment. It's always good to have someone taking care of the plants, some ventilation and the letter box.

- Find someone to take care of your pets.

If you have pets, don't forget to ask someone to come over and feed the pets, clean their litter box, let them out once in a while, and give them some love.

- Medication & first aid

Make sure to go to the pharmacy in your own neighbourhood before heading off. It's always easier to find the stuff you need in your own country, in case they don't have it on your destination. It's also recommended to check your first aid kit before you leave to make sure none of your medication is expired.

- Google offline maps

Download your google maps offline before you leave. These maps are not super accurate but they can help if you lost connection on the road. They won't help a lot when your in nature or hike trails, but they can be helpful when on the road.

- Download travel apps

Don't forget to download the best travel apps. We like to download the official app of the region (if available) because this contains a lot of useful information. Outdoor active is also an app which is a must-use in our case. Also check for some local activities if they require an app, or even apps for payment of the parking lots etc. can be useful to download in advance.

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- Cash money (a lot of mountain huts still require cash payments)
- Passport & ID-card (in case you ever lose 1, you still have an ID with you)
- Backpack for day trips
- lamp & headlamp
- Toilet bag
- Enough clothes
- First aid kit
- Extra pair of laces
- Camp material (sleeping mat, tent, sleeping bag, blanket, pillow)
- Camera & lenses
- Waterproof bag for essentials
- Powerbank
- Lighter
- Cooking materials & gas ( pots & pans, plate, cutlery )
- Roadmap & map of hiking paths
- Chargers & batteries
- Sunscreen & After sun
- Mosquito spray & mosquito protection
- Waterproof clothing (rain jacket, rain pants, camera protection,...)
- Knife
- Camelbag or re-usable water bottles
- Sunglasses
- Swimwear
- Comfy outfit & shoes
- Snacks - Energy bars - Protein bars
- Helmet - Via ferrata kit - gloves - climbing shoes - ropes - musketon
- Trekking poles + hiking shoes